# Social Work Supervision



## Social Work Supervision

- Gets at issues that are at the core of effective social work practice.
- Entails building skills, feedback, reflection and ability to examine critical issues.
- Weekly supervision is required by Council on Social Work and NY State Education Department. (Schedule Weekly)

## Stages of Supervision

#### Beginning **High Anxiety**

- · Learning expectations and requirements . Working through feelings about clients. authority and responsibilities
- · Build self awareness and strengths
- · Identify support systems
- · Discuss feelings and questions
- · Orientation Plan; Clarify roles

#### Stage Two: Engagement

- · Learning expectations and requirements
- · Building a solid supervisory relationship
- Building self awareness · Assistance with major problems and
- decisions · Exploring feelings about support, authority and independence
- Talking with peers, field educator and liaison about doubts and fears
- Stress management skills

#### Stage Three: **Relative Mastery**

- · Taking more initiative in owl learning, more self-directed
- · Exploring new challenges
- · More concrete feedback
- · Build on strengths and interests
- · Identify areas for future learning
- . Find ways to contribute to the agency

## Stage Four:

- · Start closure process early
- · Develop an ending plan
- · Reflect on past experiences
- · Share feelings with peers and Field
- · Reflect on growth and learning
- · Use learning to develop new goals and future plans

### Three General Content Areas

#### Supportive



Giving Feedback

Advice

#### Educational



Knowledge: Skills

Reflection

#### Administrative



Policies and **Procedures** 

Resources

# Sample Topics

#### Some topics may require weekly, monthly, or semester-long review.

Coursework & Integration with Field

Agency Policies & Procedures, i.e. Safety

Agency Documentation, i.e. Treatments Plans, Case Notes Roles & Responsibilities

Learning Contract Development Activities

Upcoming Deadline & Due Dates

Learning Contract Review, i.e. Activities and Related Progress SSW Paperwork, i.e. Timesheet, Supervision Record Form

Clinical Issues, i.e. Engagement, Self-Awareness, Parallel Process

Learning Styles

Feedback on Performance

Student Participation & Preparedness, i.e. for Supervision

Supervisory Styles, Power Differential

Discuss and Complete Evaluation in Taskstream

# **Developmental Progression**

Stage One: Beginning

Anxiety

Stage Two: Reality Confrontation; Engagement

Stage Three: Relative

Mastery

Stage Four: Closure

Termination

## Mutuality: Students & Educators

Students share their observations, and bring questions; they ask for input & feedback.



Field educators bring critical recusion man is systematic, objective and consistent.

## University at Buffalo: SSW Tools

## Supervision Module

Supervision Agenda (Helpful Tool)

Supervision Record Form (Required)

Developmental Supervision Module

http://socialwork.buffalo.edu/field-educators-liaisons/fieldeducator-resources/orientation-and-training/supervision.html